

Standing Orders for OTC Medications



Client Name _____ Date of Birth _____

Drug Allergies _____ Height _____ Weight _____

| <u>Symptom</u> | <u>Medication</u> | <u>Dose</u> | <u>Route</u> | <u>Approved</u> | <u>Not Approved</u> | <u>Other Instructions</u> |
|---|---|--|----------------|-----------------|---------------------|---|
| Fever/Pain | Tylenol/ Acetaminophen | 325mg tabs, take 2 every 6 hours as needed | By mouth | | | |
| Cough | Cough Drops | Take 1 every 2 hours as needed | On tongue | | | |
| Constipation, No stools for greater than 3 days | Ducolax Suppository | 10mg Suppository, insert one, one time. May repeat in 4 days | Rectally | | | May use water based lubricant as needed. Ct in side lying position. |
| Minor Skin Irritations/ Rashes | Hydrocortisone Topical Cream or Ointment 0.5% | Apply lightly to affected area up to 3 times daily as needed | Topical | | | Do not use on face or open sore(s) |
| Fever/Pain | Motrin/ Ibuprofen | 200mg tabs, take 2 every 6 hours as needed | By Mouth | | | |
| Diarrhea, Reoccurring watery stools | Imodium/ Loperamide | 2mg tab, take 2 tabs after the first loose stool, take 1 tab for each subsequent loose stool | By Mouth | | | Do Not Exceed 4 tabs in 24 hours, if diarrhea continues for more than 48 hours contact Doctor |
| Constipation/ Dry Hard Stools | Milk of Magnesia | Take 30mL at Bedtime, once per day as needed | By Mouth | | | Follow with a full glass of water |
| Skin Abrasions/ Minor Cuts | Neosporin/ Triple antibiotic ointment | Apply lightly to affected area up to three times daily as needed | Topical | | | |
| Indigestion/ Heart Burn/ Upset Stomach | Tums/ Calcium Carbonate | 500mg tablets, chew 2 tablets every 2 hours as needed | By Mouth, chew | | | Do not use more than 14 tablets in 24 hours. If using daily, notify Doctor |

Please Note: Generic brands are acceptable for the non-prescription medication listed above. Please read all product labels carefully. These standing orders are for ages 12 and older only. Contact Physician with ongoing issues.

In the event of poisoning or suspected poisoning, call poison control immediately.
Rocky Mountain Poison and Drug Center 1-800-222-1222.

Physician Signature: _____ Date: _____